



Services We Offer:
Dry Containers, Refrigerated Containers, Flatbeds, Break Bulk, and more.

Contact Us:
(441) 295-1624
Email Us:
bcl@csn.bm




Bermuda International, Bermud
79°F Scattered Clouds
wunderground.com

SUN online edition



Wednesday, October 02, 2013

HOME NEWS BUSINESS OPINION SPORTS LIFE FAITH FEATURES NOTICES INTERACT

 Go

Teaching through breakdancing

Mikaela Ian Pearman,
Online News Reporter

Wednesday, July 24, 2013 9:50 AM

Tweet 0

Comments (0)

One Bermudian young man has taken his love for hip-hop dance and turned it into an educational show, inspiring kids all across America.

Mark Wong, known as 'Metal', is the co-founder of Hip Hop Fundamentals, a dance company he started in 2004 with partner Steve Luger.

The 31-year-old was born and raised in Bermuda but left the island when he was 16 to attend boarding school, then university.

He has lived in the Philadelphia area since graduation.

Mr Wong learned how to breakdance in Philadelphia and enjoys teaching kids through dance.

He has taught mini workshops in Bermuda with Suzette Harvey of United Dance Productions and the National Dance Foundation.

Since its inception, Hip Hop Fundamentals has performed at more than 1,200 assemblies across the US, reaching more than 250,000 students. It is the only assembly programme in the world run and operated by world-class professional breakdancers.

"The whole east coast has a large underground hip-hop scene. I have been involved in that for more than seven years," he said.

"Steve and I were both working for dance theatre companies and we started dance assembly shows at schools.

"Once we found out how much they liked it, we came up with Hip Hop Fundamentals.

"It uses breakdancing to teach academic content and core moral values to the kids."

Mr Wong said the shows are fun and interactive.



Mark Wong of Hip Hop Fundamentals performs one of his dance moves in Hamilton. The programme aims to teach students through dance. Since its inception, HHF has performed at more than 1,200 assemblies across the US reaching more than 250,000 students. It is run and operated by world-class professional breakdancers. *Photo by Nicola Muirhead

Salsa • Bachata • Ballroom • Argentine Tango • Hustle
Wedding dances • Zumba • Yoga • Fitness classes
Dance shoes • And more

Classes Begin.
Sept. 16th, 2013

Sabor
DANCE SCHOOL

www.bermudasalsa.com
sabor@logic.bm

MOST READ LATEST NEWS

- Education minister announces external exam results
- Sandys man in court on firearm charges
- City moves to clarify parking charges
- Local artist creates Waterloo House sculpture
- Cop car gets stuck in flooded street (update)

Be prepared for storms year round but specially during hurricane season.

www.belco.bm
info@belco.bm
299-2800

BELCO

"We try to show the history and the appreciation for hip-hop dance, at the same time, we're showing them about cultural diversity and respect.

"If you look at the history of hip-hop, coming up in New York in the 1970s, there were a lot of kids coming together in the communities to have parties and rallies and that is aligned with the civil rights movement."

He continued: "One programme is teaching the history of Martin Luther King Jr but looking at it through the eyes of dance.

"The kids in the 1960s were doing the same thing that led to the creation of hip-hop.

"Youth empowerment is one of the main goals."

Mr Wong said there are about a dozen dancers in the team who perform at the shows. They are coached and trained on the education aspects.

"It's fun. It's the most fun job in the world", he added.

The company recently participated in a fundraiser in Philadelphia to fund ten schools with shows for free.

Mr Wong said the school districts in Philadelphia are predominately African-American.

Where there are financial difficulties, the first programme that gets cut is the arts.

"We figured it was important. We wanted to use the form of hip-hop to teach something we thought was relevant in this community, in particular."

Asked what is the future of Hip Hop Fundamentals, Mr Wong said: "We have some big plans. We're hoping to grow to the point that we can have multiple teams of young people going and doing shows on their own.

"Philadelphia has some really talented young people, world class dancers who can't get jobs.

"We are hoping to create a niche for these young people to get jobs."

For more information, visit www.hiphopfundamentals.com

Related Articles

[Who has the best dance moves?](#)

[Dance takes us from slavery to freedom](#)

[Exclusive: Beyonce dancer to teach Bermuda's youngsters](#)

[Dancer who dazzled at the parade cannot read or write](#)

[ChewSlam poets head to 'prestigious' festival](#)

Facebook social plugin

Parking rules

Do you agree with Hamilton's new parking rules?

Yes
 No
 Maybe

Tweets

BDA SUN Bermuda Sun @BDASun 1h

Hey #golf fans. Our #Dufnering contest is just for you as we countdown to the @PGAGrandSlam goo.gl/C0szcN Enter. Win.

Expand

BDA SUN Bermuda Sun @BDASun 3h

SUN EXCLUSIVE: Dangerous offenders could be sent from #Bermuda to #Britain after talks between the two countries. bit.ly/15lzTnc

Expand

October 2013						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



[This Week's Events](#)

No events scheduled for this date.

Drive the life you lead

Ultimate Motors
www.bermudamotors.bm

[NEWS](#) [BUSINESS](#) [OPINION](#) [SPORTS](#) [LIFE](#) [FAITH](#) [FEATURES](#) [NOTICES](#)

[TERMS OF SERVICE](#) | [HOUSE RULES](#) | [PRIVACY POLICY](#) | [CODE OF PRACTICE](#) | [ADVERTISE](#) | [CONTACT US](#) | [FACEBOOK](#) | [TWITTER](#) | [GOOGLE+](#) | [NEWS ALERTS](#)
[SUNSHOPPER](#) | [SUNEMPLOYMENT](#) | [BERMUDA.COM](#)

Copyright © 2005-2012 Bermuda Sun Ltd. All Rights Reserved. For more information see our Terms of Service.

Software Copyright © 1998-2013 1up! Software, All Rights Reserved